



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre- 9:00	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth	Morning tasks Breakfast, get dressed, clean teeth
9:00-10:00	PE with Joe Wicks + 30 minutes outside if possible	PE with Joe Wicks + 30 minutes outside if possible	PE with Joe Wicks + 30 minutes outside if possible	PE with Joe Wicks + 30 minutes outside if possible	PE with Joe Wicks + 30 minutes outside if possible	Outside time Free play, gardening, exercising pets	Outside time Free play, gardening, exercising pets
10:00-10:15	Snack break (See snack ideas)	Snack break (See snack ideas)	Snack break (See snack ideas)	Snack break (See snack ideas)	Snack break (See snack ideas)	Snack break (See snack ideas)	Snack break (See snack ideas)
10:15-11:00	Literacy 20 mins quiet read of chapter book Read Gruffalo 1 st task	Numeracy 5-a-day Pancake Restaurant 1 st task	Literacy 20 mins quiet read of chapter book Gruffalo 2 nd task	Numeracy 5-a-day Mathletics	Literacy 20 mins quiet read of chapter book Reading Eggs	Screen time Gaming, video calls, television, apps	Screen time Gaming, video calls, television, apps
11:00-11:15	Snack break	Snack break	Snack break	Snack break	Snack break	Snack break	Snack break
11:15-12:00	Numeracy 5-a-day Mathletics	Literacy 20 mins quiet read of chapter book Reading Eggs	Numeracy 5-a-day Pancake restaurant 2 nd task	Literacy 20 mins quiet read of chapter book Gruffalo 3 rd task	Numeracy 5-a-day Pancake restaurant 3 rd task	Creative Time Art, music, craft, cooking, STEM toys, dance, sewing	Creative Time Art, music, craft, cooking, STEM toys, dance, sewing
12:00-1:00	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
1:00-1:45	Teamwork Time	Teamwork Time	Teamwork Time	Teamwork Time	Teamwork Time	Teamwork Time	Teamwork Time



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy	Daily jobs to keep everyone safe and healthy
1:45-2:00	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns	Reflection Calming background music with mindfulness colouring, handwriting sheets or pencil control patterns
2:00-3:00	Self-led project time Documentary	Self-led project time Front cover task	Self-led project time Mind map task	Self-led project time Poster task	Self-led project time	Free play	Free play
3:00-3:15	Snack time	Snack time	Snack time	Snack time	Snack time	Snack time	Snack time
3:15-4:15	Art Collage- The Snail	Science Slime making	Lego Challenge	Science PH investigation	Weekly wind-down Time for finishing off or extending tasks from the week	Screen time Gaming, video calls, television, apps	Screen time Gaming, video calls, television, apps
4:15-dinner	Free play Preferably outside	Free play Preferably outside	Free play Preferably outside	Free play Preferably outside	Free play Preferably outside	Outside time Free play, gardening, exercising pets	Outside time Free play, gardening, exercising pets